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FANTASY FOOTBALL GUIDE 2012 {page 17-18}

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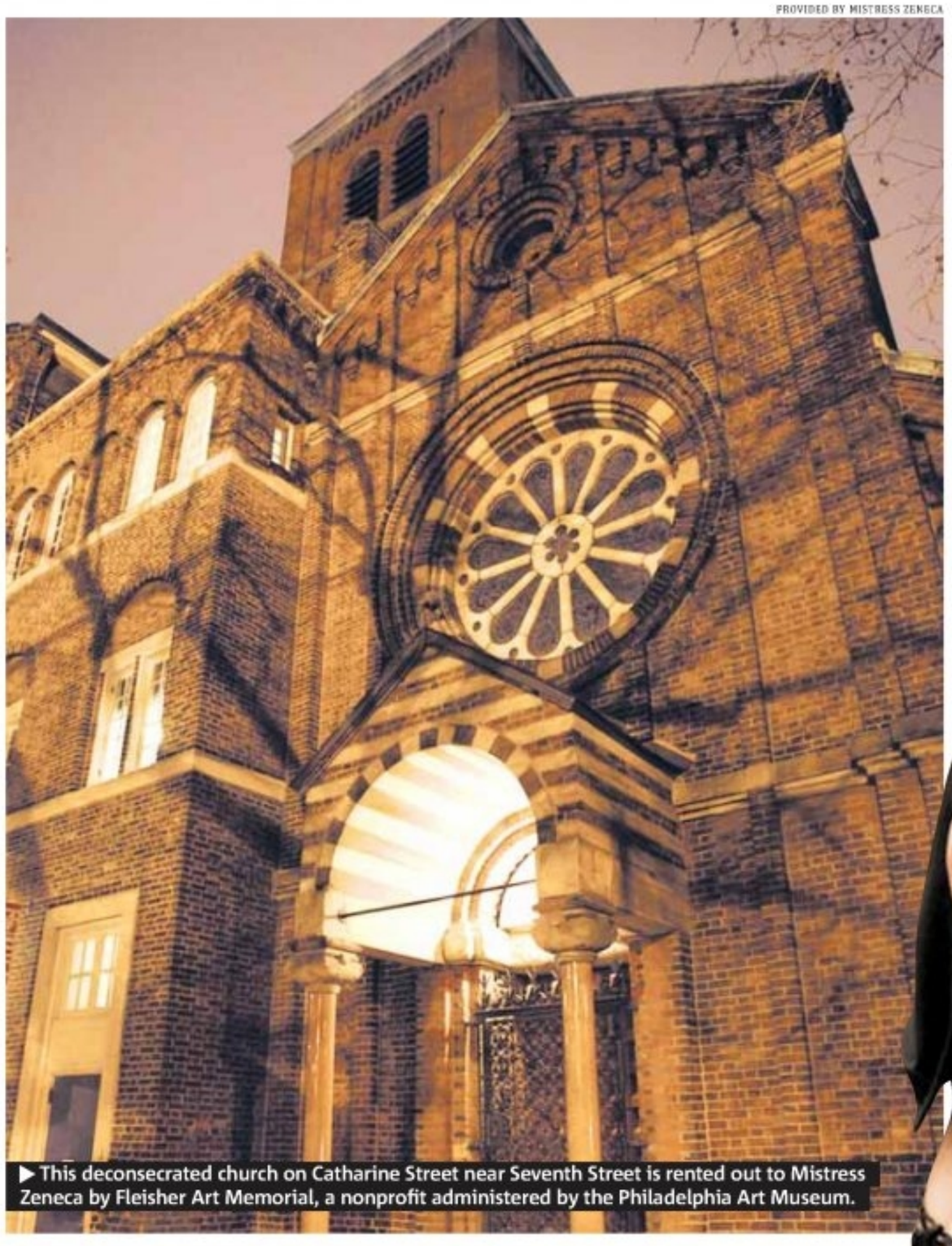
Wednesday, August 22, 2012

PROVIDED BY MISTRESS ZENECA



▶ This deconsecrated church on Catharine Street near Seventh Street is rented out to Mistress Zeneca by Fleisher Art Memorial, a nonprofit administered by the Philadelphia Art Museum.

Spank thy neighbor at Philly's kinkiest church

Mistress Zeneca

- Mistress holds role-playing soirees at former Bella Vista church
- She says interest in sexual subcultures grows from '50 Shades of Grey' {page 02}

the word

Ryan Lochte: Will you accept this rose?

- Will the most eligible gold medal winner try his hand at 'The Bachelor'?
- What else would he do with those four years? {page 10}

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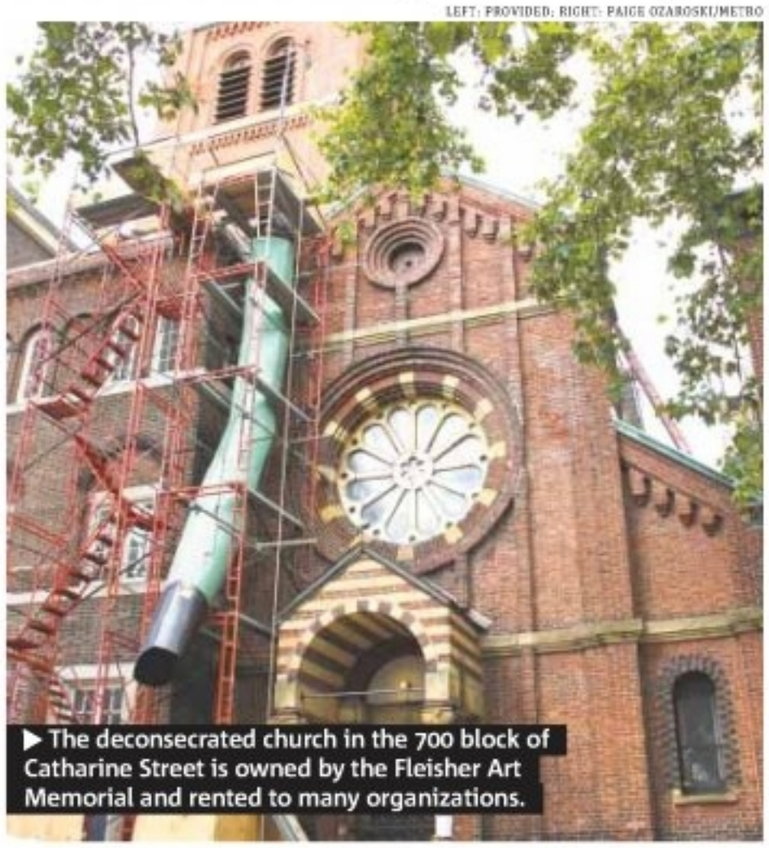
Mistress gives a look into Philly's kinky side

Hot role-playing queen, Mistress Zeneca, leads kinky parties inside deconsecrated church on Catharine Street in Bella Vista Neighbors, owners of building accepting of sexual subculture that's grown in city

LEFT: PROVIDED; RIGHT: PAIGE OZABOSKI/METRO

▶ Mistress Zeneca, left, has many outfits.



▶ The deconsecrated church in the 700 block of Catharine Street is owned by the Fleisher Art Memorial and rented to many organizations.

With the blockbuster success of the novel trilogy "50 Shades of Grey," kink is king.

The topic of BDSM — an umbrella term used to describe all manner of bondage, discipline, domination, submission and masochism role-playing taboos — is no longer so taboo.

"Even though '50 Shades' depicts a fictional and inaccurate view of BDSM, I actually have seen an influx of the curious," said Mistress Zeneca, who hosts "Sacri-Delicious," an adult fetish party held amid medieval statues and 19th century religious tableaux at Fleisher Sanctuary, a deconsecrated church in the Bella Vista neighborhood that serves as a popular rental space for all types of events, including weddings. "Pop culture opens the door; it is up to the community to offer the welcome."

Quoted

"The topics of guilt, pain, suffering, redemption and desire are common between both religion and BDSM. The power in religion is that it is something we are both attracted to and rebel against."

ZENECA. AS FAR AS THE EVENT'S SACRED SUBJECT MATTER, ZENECA SAID RELIGION AND BDSM SURPRISINGLY SHARE MANY THEMES.

Zeneca herself began to dabble in BDSM culture 11 years ago as an apprentice to a mistress in Los Angeles. "I was amazed at the kinship and love that I felt in the air," she said of the first play party she attended. "That welcoming energy is what I try to recreate for my guests." Though she finds Philadelphians are more reserved about going public with their penchant for pain, Zeneca still estimates that there are over 1,000 people in the area who publicly participate in BDSM in some way and another, and 10,000 who like it a little rough in bed.

Fleisher Art Memorial officials referred to Sacri-Delicious as a "costume party" and stressed that it was a private event, though tickets are available to everyone over the age of 18. "Fleisher respects diverse backgrounds, viewpoints, and traditions and applies this value to all its operations," the school said in a statement.

Zeneca hopes the interest generated by pop culture's recent fixation on fetish will open doors to more dialogue.

"The tantalizing connection between pain and pleasure is a conversation heard more often now," she said. "BDSM is no longer unknown and fearful. BDSM is now accepted as a spice that you can add to your relationship."

ALEX WIGGLESWORTH
awigglesworth@metro.us

▶ Bring "furniture."

Kinky rules

- The next event will be held 9 p.m. to 2 a.m. Sept. 15 at 716 Catharine St. A religious-inspired costume will get you $5 off the door price and admission is free if you donate a piece of dungeon furniture for the night or bring three paying guests. Otherwise, tickets can be purchased for $30 online and $40 at the door.
- No fire, alcohol, sexual conduct, "messy play," or nudity — a thong and pasties are required, at a minimum. Be respectful, kind, courteous and friendly, introduce yourself to Mistress Zeneca and, as far as the artwork goes, if you break it, you buy it.
- The event has a standard "play party" format, with stations representing each of the Seven Deadly Sins, including a gluttony buffet, an envy-inspiring two-person scene performance space and a greed table featuring sex toys for purchase. Unsurprisingly, the lust station will be the largest.
- At some point in the night, participants will be invited to play "Wheel of Misfortunez," described on the event site as a kinky party game in which a spin determines what "scene" a player or couple must act out. Submissives have 30 seconds to remove activities they don't wish to engage in from the stack before the cards are placed on the wheel.

METRO/AW

Community says 'live and let live'

Community members interviewed had no complaints about the BDSM subculture.

"We've been aware of it for many years," president and founder of the Bella Vista United Civic Association Vernon Anastasio said of Sacri-Delicious. "We've been the official civic association of the neighborhood for almost 20 years and have never heard either praise or condemnation for the event. We're a live-and-let-live neighborhood. We believe that as long as someone's private behavior isn't going to impact the rest of the community, it's their business."

"... as long as someone's private behavior isn't going to impact the rest of the community, it's their business."

ANASTASIO

He called Fleisher a "real gem" in the neighborhood and said he is confident the school wouldn't lease space to any organization engaging in illegal or dubious activities. "It's completely legitimate," he said of the event, though he acknowledged it might mildly offend some people. "Morality is a weird thing."

METRO

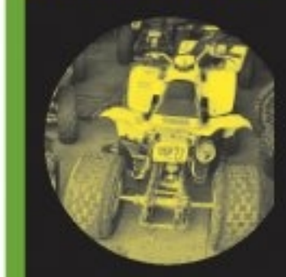
In the news

2%

Decrease in homeless living on the streets from a year ago, according to the latest quarterly count released by Philadelphia officials. The count showed 588 people living on the streets, down from 601 in 2011. The report revealed a 7 percent decline in Center City, but numbers were slightly up in West Philadelphia and near the Philadelphia International Airport.

METRO

In the news



Cops get ATVs

Police announced yesterday that they confiscated another 29 all-terrain vehicles and dirt bikes during their latest sweep over the weekend. The vehicles were picked up during live stops and confiscations in the Eastern and Southwest police divisions. Police have confiscated more than 90 illegal vehicles during raids over the last three weeks. METRO

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28	29	30	31 DEN 7:00	1	2	3
4 NYK 12:00	5 NYK 7:00	6	7 NOH 8:00	8	9 BOS 7:30	10 TOR 7:00
11	12 MIL 7:00	13	14 DET 7:00	15	16 UTA 7:00	17
18 CLE 6:00	19	20 TOR 7:00	21 CLE 7:00	22	23	24 OKC 7:00
25 PHX 6:00	26	27 DAL 7:00	28	29	30 CHA 7:00	

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
						1 CHI 8:00
2	3	4 MIN 7:00	5	6	7 BOS 7:00	8 BOS 7:30
9	10 DET 7:00	11	12 CHI 7:30	13	14 IND 7:00	15
16 LAL 6:00	17	18 DAL 8:30	19 HOU 8:00	20	21 ATL 7:00	22
23 BKN 3:00 / 30	24 / 31	25	26 MEM 8:00	27	28 GS 10:30	29 POR 10:00

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
		1 LAL 10:30	2 PHX 10:00	3	4 OKC 8:00	5 SA 8:30
6	7	8 BKN 7:00	9 TOR 7:00	10	11	12 HOU 7:30
13	14	15 NOH 7:00	16	17	18 TOR 7:00	19
20	21 SA 7:00	22 MIL 8:00	23	24	25	26 NYK 7:00
27	28 MEM 7:00	29	30 WAS 7:00	31		

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
					1 SAC 7:30	2
3	4 ORL 7:00	5	6 IND 7:00	7	8	9 CHA 8:00
10	11 LAC 7:00	12	13 MIL 8:00	14	15	16
17	18	19	20 MIN 8:00	21	22	23 MIA 7:30
24 NYK 7:00	25	26 ORL 7:00	27	28 CHI 8:00		

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 GS 7:00
3 WAS 6:00	4	5 BOS 7:00	6 ATL 7:30	7	8 MIA 8:00	9
10 ORL 6:00	11 BKN 7:00	12	13 MIA 7:00	14	15	16 IND 7:30
17	18 POR 7:00	19	20 LAC 10:30	21 DEN 9:00	22	23
24 SAC 9:00 / 31	25 UTA 9:00	26	27 MIL 7:00	28	29 CLE 7:30	30 CHA 7:30

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 CHA 7:00	4	5 ATL 7:30	6 MIA 7:30
7	8	9 BKN 7:30	10 ATL 7:00	11	12 WAS 7:00	13
14 CLE 3:30	15 DET 7:30	16	17 IND 8:00	18	19	20

HOME AWAY

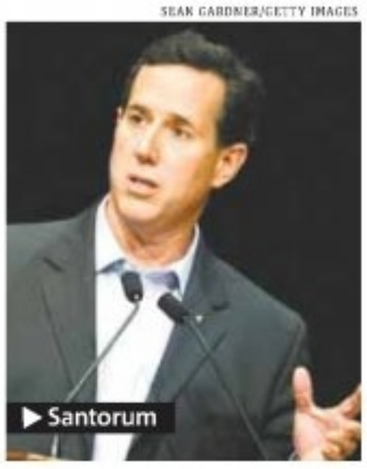
Santorum makes gay 'dishonor roll'

PENNSYLVANIA. Former U.S. Sen. Rick Santorum has made The Advocate's "The 45 Biggest Homophobes of Our 45 Years" list.

As the title suggests, the "dishonor roll" that appears online and in the magazine's Sept. issue ranks the worst "villains" of the LGBT rights movement in The Advocate's 45-year history.

"The list, which began as the Phobies, became the Sissy Awards when an editor wanted to make a point about haters misusing that derogatory word," its introduction reads. The magazine expresses incredulity at the amount of support Santorum garnered during his presidential primary bid and sums up his anti-LGBT stances as, basically, too numerous to list.

SEAN GARDNER/GETTY IMAGES



▶ Santorum

The Advocate's take on the Pennsylvania pol who fills out a sweater vest like no one else can:

"The 'man on dog' senator from Pennsylvania got an astonishing number of votes in the Republican presidential primaries this year with his unabashedly anti-gay agenda. Can that many people really agree with his plan to annul all same-sex marriages and reinstate the 'don't ask, don't tell' policy?" **METRO/AW**

Better video, bigger reward in cop killing

PHILLY PD

▶ These men are sought in connection with Walker's murder.

After releasing grainy surveillance video of two men wanted for the murder of Officer Moses Walker Jr. Saturday morning, investigators yesterday made public a new, clearer video of the suspects walking together just minutes before the crime.

They are hoping it will lead to an identification of the killers, who they say announced a robbery on the 2000 block of Cecil B. Moore Avenue around 6 a.m. before fatally shooting Walker three times before he had a chance to fire off a shot from his service weapon, which was found unholstered underneath his body. "These guys will rob again and they will kill again if we don't get them off the street, so it's important," Police Commissioner Charles Ramsey said this afternoon.

In the newly obtained footage, the two suspects can be seen walking together on the 1900 block of Cecil B. Moore Avenue an estimated five minutes before the shooting. They are described as two black males wearing hoodies and dark-colored shorts. One of the men is bald and possibly sports a beard or goatee.

"The way the video would depict, it looks like they're just walking down the street," Homicide Capt. James Clark said. "They see what they believe to be a target and they pounce on it." He said that it appears that Walker was aware of the suspects, as he can be seen looking over his shoulder several times, but the gunman crossed the street relatively quickly. "I think he caught the officer by surprise," Clark said.

Police are still urging the public to come forward.

"They're vicious, violent killers. There's predators and there's prey. That's what they're doing – they're out there specifically to track somebody down to rob them, shoot them, whatever," Ramsey said. "Until these individuals are in jail for a long period of time, it's not going to stop. Tomorrow it could be somebody else. The next day it could be you."

ALEX WIGGLESWORTH
awigglesworth@metro.us

Investigation heats up

Meanwhile, the reward for information leading to the killers' arrests and conviction has grown to $118,000. Investigators say tips are rolling in and detectives have been combing through numerous videos provided by both businesses and private residents in the neighborhood. "A tip may have already come in that will lead us there [to the arrests], but you have to follow all these things up and it takes time," Ramsey said. **METRO/AW**

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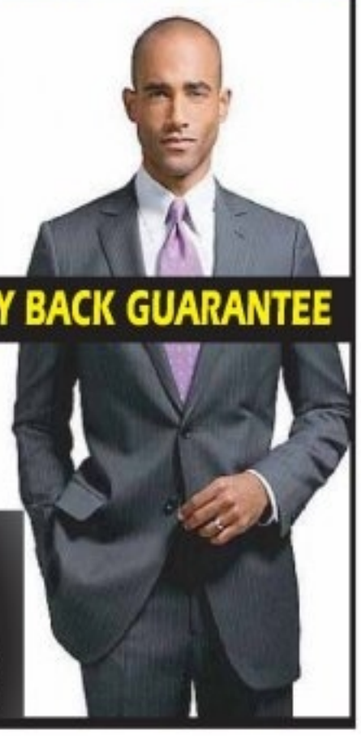

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In the news

RIKARD LARMA/METRO

▶ Chaput

Catholic high schools get private manager

Seventeen high schools and four special education schools previously run by the Philadelphia Archdiocese will be managed by a private foundation.

Faith in the Future Foundation, the group established last year to help raise funds and lobby for school vouchers, will assume control of the schools starting Sept. 1. The move will not affect students, faculty and staff at the schools, but is meant to better promote the schools and provide a more cutting-edge curriculum.

As part of the five-year agreement, the Office of Catholic Education will become a division of the Faith in the Future Foundation and still oversee curriculum and standards. OCE will report to the foundation.

H. Edward Hanway, chairman of the foundation and former chairman and CEO of CIGNA Corp., will serve as interim CEO of the foundation until an executive team is put in place. Hanway was part of the Blue Ribbon Commission that recommended the closure of more than 40 Archdiocesan schools last year. Once a permanent CEO is hired, Hanway will continue to serve as chairman. The full board of directors will be announced this fall.

Presidents and principals of the school will continue to report to OCE. Staff and faculty at the schools will still be employed by the Archdiocese.

METRO/SDL

SEPTA's new chief knows the system

Former transit officer and city cop takes over transit agency's 270-strong force Thomas Nestel talking with riders and officers to catch up on new issues facing SEPTA

PAIGE OZAROSKI/METRO

▶ New SEPTA police Chief Thomas Nestel was a transit officer 20 years ago.

On his first day on the job, SEPTA police Chief Thomas Nestel walked into the 13th Street station of the Market-Frankford Line and found a gate to the platform wide open and an empty cashier booth.

Was it an act of terrorism? An assault on the cashier?

Apparently, just a routine bathroom break.

Nestel, 50, began this week as SEPTA's top cop after almost five years as police chief in Upper Moreland. Getting acquainted with the system won't be too difficult since Nestel once patrolled it as a transit officer. Terrorism and operator assaults are just two of the issues now confronting the force of about 270 sworn officers, but Nestel said he won't implement any knee-jerk solutions.

"I know that we've had some cell phone theft issues. I know that we've had some homeless issues," said the burly Northeast Philadelphia resident. "It's where are those problems and to what extent are they and what are we doing about them now?

"What we may be doing may be the best course of action, but I like to talk to the people on the system."

Nestel said he would review the deployment of officers. With students about to return to school, patrols usually ramp up between 2 and 5 p.m. to deter crime. Transit police went on a nine-day strike earlier this year, but Fraternal Order of Transit Police President Richard Neal Jr. said he looks forward to having a positive working relationship with management.

"I look forward to working with him ... taking this police department to the next level," Neal said.

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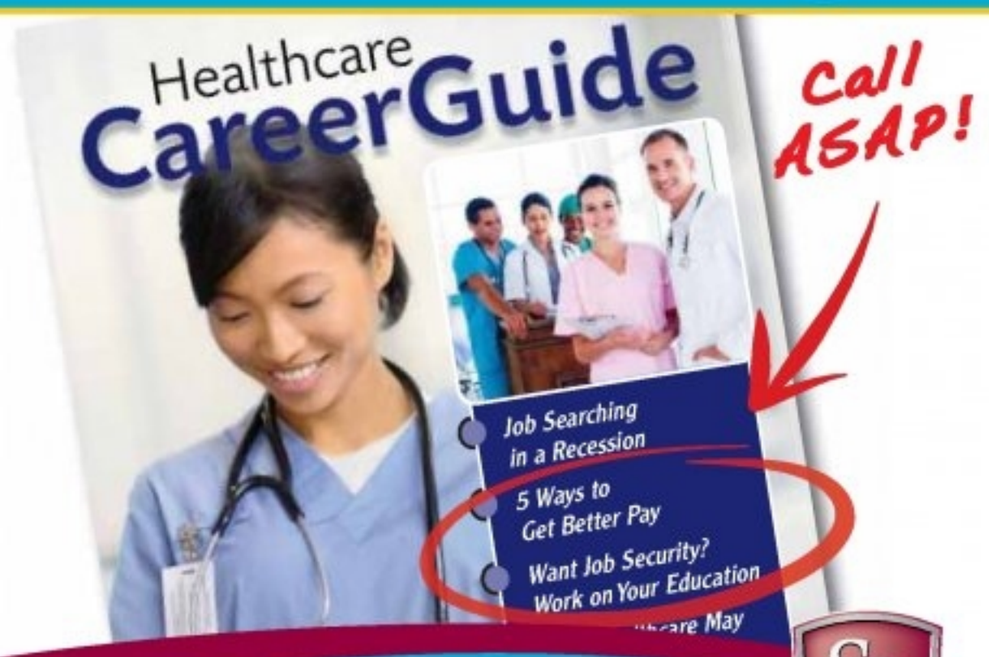

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STR/AFP/GETTY IMAGES

▶ Republican Representative Todd Akin resisted pressure to quit the U.S. Senate race in Missouri, releasing a new ad apologizing for his inflammatory remarks about rape.

Akin apologizes again, refuses to drop out of race

Representative Todd Akin, under fire for controversial remarks on abortion and rape, resisted pressure from fellow Republicans to drop out of the Missouri Senate race yesterday amid speculation over who might replace him on the Nov. 6 ballot.

Despite calls from throughout the Republican Party for him to step out of the contest against Democratic Senator Claire McCaskill, Akin — a staunch opponent of abortion — vowed to stay in the race, saying he represented a conservative movement that must be heard.

"We are going to continue in this race for U.S. Senate," Akin said on a radio program hosted by former Arkansas Governor Mike Huckabee, an Akin supporter and favorite of religious conservatives.

Quoted

"We are going to continue in this race for U.S. Senate."

AKIN SAID ON A RADIO PROGRAM HOSTED BY FORMER ARKANSAS GOVERNOR MIKE HUCKABEE

"I believe there is a cause here, and there is a part of the message that's missing, and a lot of the people feel left out of the parties," Akin said.

Akin's comments came hours after he released an online video ad in which he again apologized for saying in a weekend television interview that it was extremely rare for women to get pregnant from "legitimate rape."

The comments sent waves of anxiety through the Republican Party at a time when it is trying to reach out to women and other voters in advance of its national convention next week in Tampa, Florida.

The controversy has given new hope to McCaskill, who in recent polls has trailed Akin in a race that is widely viewed as a barometer of whether Republicans can gain the four seats they need to take control of the U.S. Senate. **REUTERS**

Dismay of Republicans

Akin's woes also have cast a spotlight on a key part of the Republican platform that party delegates endorsed once again yesterday: that abortion should not be allowed in any circumstance.

That is not the position of Republican presidential candidate Mitt Romney, who has said that abortion should be allowed to end pregnancies resulting from rape or incest. **REUTERS**

'Raped women can't conceive' is straight out of 13th century

Akin is not alone in his view about rape and pregnancy, however. It dates at least to medieval times, when a 13th-century English legal tome called Fleta asserted that pregnancy was prima facie evidence against a charge of rape, "for without a woman's consent, she could not conceive."

A 19th-century book, "Elements of Medical Jurisprudence" by Samuel Farr, said that conception is unlikely "without an excitation of lust, or the enjoyment of pleasure in the venereal act." That reflected the common notion that pregnancy requires a woman, like a man, to reach orgasm during intercourse.

In fact, "human ... female orgasm is not necessary for conception," explained a 1995 paper in the journal Animal Behaviour, one of many studies reaching the same conclusion.

In more modern times, the rape-pregnancy claim seems to have been linked to the fact that stress can decrease fertility by affecting the area of the brain that controls the menstrual cycle.

But the stress that reduces fertility is the chronic kind that occurs over months or years, not the acute trauma of a rape. **METRO**

Dumb stuff they said about rape

1 **Whoopi Goldberg** said film director **Roman Polanski**'s sex offense against an underage girl wasn't 'rape, rape.'

2 **George Galloway**, British politician, this week said WikiLeaks founder **Julian Assange**, facing a sex assault trial in Sweden, couldn't be guilty of rape — just 'bad sexual etiquette.'

3 **Federal Judge James Leon Holmes** said in a 1997 article: "Concern for rape victims is a red herring, because conceptions from rape occur with approximately the same frequency as snowfall in Miami."

4 In 1995, Republican **Rep. Henry Aldridge** told the House Appropriations committee: "The facts show that people who are raped — who are truly raped — the juices don't flow, the body functions don't work and they don't get pregnant. Medical authorities agree that this is a rarity, if ever." **METRO**

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Rising prices at the pump not a big concern for voters

FREDERIC J. BROWN/AFP/GETTY IMAGES

▶ Romney has not focused on gasoline prices in the four months since prices topped out.

Even as President Barack Obama considers using U.S. oil stockpiles to halt rising gasoline costs in an election year, a Reuters/Ipsos poll released yesterday shows economic pain at the pump is not a big concern for voters.

Fuel and gas prices ranked last among 10 factors that influence voters in evaluating Obama's job performance and the country's direction, the poll found. Health care, the economy and jobs top the list, with gas prices also lagging behind foreign policy, immigration and education.

$115

Brent Crude is closing in on $115 a barrel compared to below $90 a barrel in June.

"Gas prices, relative to the rest of this stuff, are much less important," Ipsos pollster Chris Jackson said.

"People talk a lot about how gas prices drive attitudes, but it doesn't seem to have a lot of impact either on Obama's job approval or how people see the country going," he said. "People seem to see gas prices as a separate issue the government doesn't have as much control over."

Gasoline prices, which had eased after the national average peaked at $3.94 a gallon in April, have climbed again in the last month and hit an average $3.72 a gallon on Monday.

Worried about high prices, the White House is considering a release of oil reserves from the U.S. Strategic Petroleum Reserve. **REUTERS**

In the news

ALEX OGLE/AFP/GETTY IMAGES

Top general's plane damaged by rockets in Afghanistan

KABUL. Insurgents fired two rockets at the main NATO airbase in Afghanistan, damaging an aircraft used by U.S. Joint Chiefs of Staff chairman Martin Dempsey, a NATO spokesman said yesterday. The general was not on board at the time.

Dempsey arrived in the country on Monday in a C-17 transport aircraft that was parked at Bagram Airbase, north of Kabul, when two rockets landed near the apron late on Monday night, slightly wounding two ground staff.

"He was nowhere near the aircraft. We think it was a lucky shot," NATO senior spokesman Colonel Thomas Collins said.

The aircraft was only being used temporarily by Dempsey and his staff. Shrapnel from the rockets also damaged a nearby helicopter. **REUTERS**

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myentertainment

THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

Ryan Lochte to hand out roses?

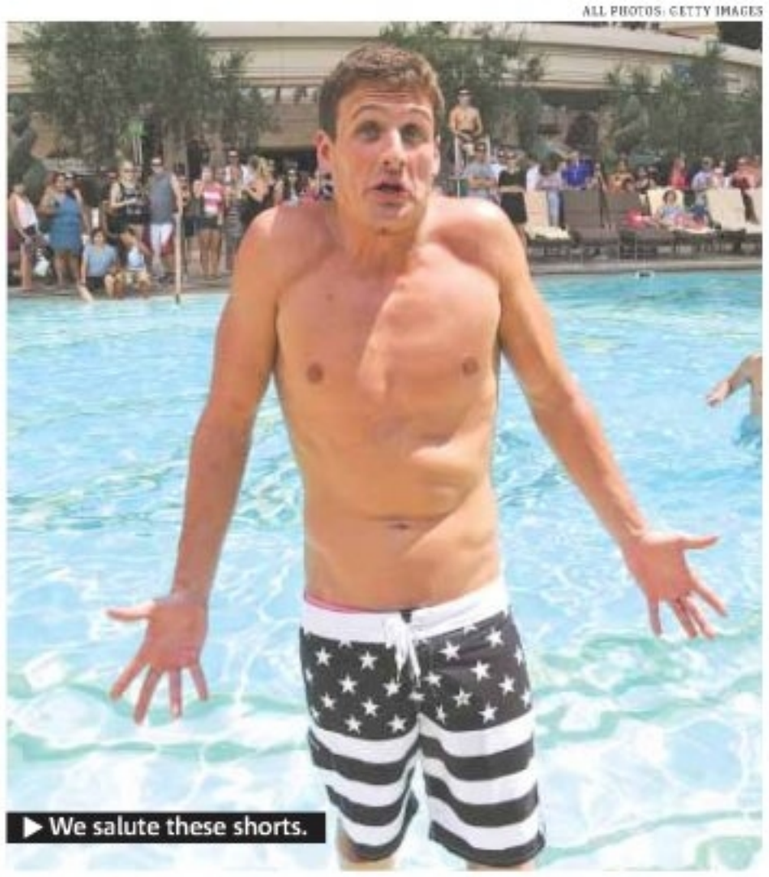
ALL PHOTOS: GETTY IMAGES

With four years until he's due in Rio, Olympic swimmer **Ryan Lochte** is scoping out a side job in reality TV.

At the top of the list is "The Bachelor," whose producers have been informed that they'll need to come up with at least $750,000 for such high-quality abs. But even if they pay, Lochte may pass.

"Ryan is acutely aware that he has to attach himself to the right projects and endorsements that won't do damage to his all-American image," a source tells RadarOnline. "As much as he'd like to do it, Ryan does have some reservations about 'The Bachelor' because he wouldn't have any control on how he is portrayed on the show."

Ryan, at this point there's nothing more American than compromising your reputation, marriage and career in the name of fleeting fame. Consider this our blessing.



▶ We salute these shorts.

Bynes driving us crazy

Amanda Bynes has been slowly working her way up to a meltdown of **Britney** proportions for quite a while, but she's starting to pick up the pace. After being charged with a DUI in April and investigated for a possible hit-and-run just two weeks ago, the actress was involved in another car accident in L.A. on Monday night, reports E! Online. In the latest incident, Bynes' Range Rover was rear-ended, but neither driver was ticketed.

Amanda Bynes, even the girl who writes about your car accidents can afford a cab ride home. You're killing us over here.

Puerto Rico gets a little hotter

Hide your supermodels: **Leonardo DiCaprio** and **Robert Pattinson** are vacationing together, thanks to a little play date set up by mutual friend **Reese Witherspoon**.

"Rob was totally taken by surprise when Leo called him," a source tells PerezHilton.com. "He invited Rob along on a getaway he's planning when he's in Puerto Rico. Leo wants to book a mansion at a secret location on the coast so he and his pals can party in private."

▶ Why yes, Reese, we are impressed.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

@RedHourBen (Ben Stiller)
Tony Scott made so many movies that influenced so many others. A genre to himself. A real loss. He entertained so many people.

@mindykaling
"Oh no, I like the girl whose boyfriend I'm going to steal" is a subject of my first hit r&b song

@DebbieReynolds1
The world is a sadder place for all of us who love to laugh. I love Phyllis Diller. Comedy will never be the same and neither will I.

@Joan_Rivers
Hand specialists say one of the most common ailments they treat is "texting thumb." In showbiz it has to be "flipping-off middle finger."

Debbie Reynolds

Talking points

'Office' hours are over after this season

It's quitting time at "The Office." Yesterday, NBC announced that this is the last season for the comedy, which star **Steve Carrell** has already departed. "All questions will be answered this year," exec producer **Greg Daniels** said in a conference call with reporters, according to TVLine.com. "We're going to see who is behind the documentary. [It's a] big Jim and Pam year. [Fans] will pleased and excited by what we have planned for them."

NBC

▶ We'll never forget you, Jim and Pam!

Does this mean liberty for Ross?

Rupert Sanders' wife, **Liberty Ross**, is trying to send a message with her latest blog post for Vogue UK, but it's not entirely clear what that message is. Ross — who hasn't updated the blog since news broke of Sanders' affair with actress **Kristen Stewart** — published an image of an eagle with its wings spread under the title "Liberty," prompting many to speculate she's leaving Sanders. Those who have commented on Ross' blog seem to be taking it that way, as well.

Hilary Swank calls things off with agent

Hilary Swank has reportedly split from boyfriend **John Campisi** after five years of dating, according to People magazine. The breakup apparently happened in May, a rep for the actress confirms to the magazine. The Oscar-winning actress began dating Campisi, then her talent agent, in 2007 shortly after her divorce from **Chad Lowe**.

No truth to reports of Scott's cancer

It appears there's no truth to the reports that director **Tony Scott** had been diagnosed with inoperable brain cancer before he decided to jump to his death from a bridge over Los Angeles Harbor Sunday. "According to family spokespersons, the information concerning brain cancer or an inoperable brain tumor in Mr. Scott is incorrect," a spokesman for the L.A. coroner's office tells People magazine. The initial report of a cancer diagnosis came from ABC News, citing an anonymous source.

▶ Tony Scott and wife Donna

You have our vote, zombies

1 A scrubby **Bradley Cooper** was hoping you'd get distracted by his pretty blue eyes when posing with **Victor Garber** in New York on Monday. It totally worked.

2 Holy '90s! **Alicia Silverstone** stopped by the Rockwalk in Hollywood on Monday to congratulate **Alanis Morissette**, who added her handprints to the collection.

3 That's right: **Vanilla Ice** — whose gigs are few and far between even for a white rapper — has "Wide Open" tattooed across his knuckles. Mr. Ice swung by "Good Morning America" on Monday in his finest gun-toting angel baseball hat.

4 **KEM** performed at the African World Festival in Detroit on Sunday.

5 Because politics aren't frightening enough, "**The Walking Dead**" staged an election-themed press conference in San Diego on Monday.

1. ROBERT BENSON/GETTY IMAGES
2. MICHAEL BUCKNER/GETTY IMAGES
3. RAY TAMARRA/GETTY IMAGES
4. PAUL WARNER/GETTY IMAGES
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The sides they are

Nothing can replace the classic format that still enjoys the favor of gamers and developers alike

The humble sidescroller was birthed into this world when Super Mario Bros. invaded living rooms more than 25 years ago. In recent years, the old genre has experienced somewhat of a rebirth. Gamers like it because it lets them grab a quick nostalgia boost. Developers like it because it enables them to use the form as a canvas for experimentation. Here are reviews of two new titles that do both.

'New Super Mario Bros. 2'
Console: Nintendo 3DS
Company: Nintendo
Grade: ●●●●◐

It's a-him, Mario. Everybody's favorite mustached "plumber" is back for another retro-heavy platform adventure. "New Super Mario Bros. 2" adds two-player co-op into the mix and places a large emphasis on coin collection. How much? One of the main goals of the game is to collect a million of those golden doodads. Looks like Mario recently got into Ayn Rand.

What's new? Not a lot. The level design and gameplay will be familiar to anyone who has ever even glanced at a video game. Sure, if you are cradled by cynicism, this could be looked upon as lazy or — yikes — a cash-in. That'd be missing the point. It's fun as all get-out. It's Mario! You know the drill. A rehash Mario game is still better than 95 percent of other games out there.

'Deadlight'
Console: Xbox 360 XBLA
Company: Microsoft

Sidescroller

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a-scrollin'

▶ The postapocalypse comes to Seattle in "Deadlight."

Grade: ●●●●○

There aren't too many zombie sidescrollers, so "Deadlight" comes as a welcome — and slowly lurching — surprise. First of all, this game is beautiful. The muted color palette and realistic rendering of a ruined city will have you from the first frame. The gameplay is a mix of sidescrolling action and puzzle solving. Think "Limbo" or "Shadow Complex" and you have the right idea. You wander around postapocalyptic Seattle, avoiding the undead and trying to find your family. The game is tense and rewards creative thinking. It's pretty short, though.

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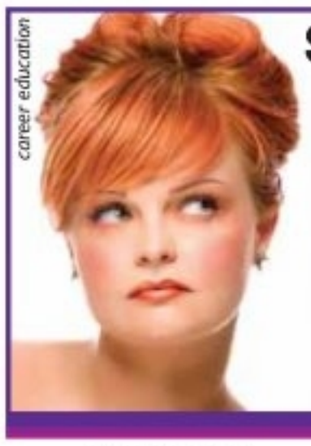

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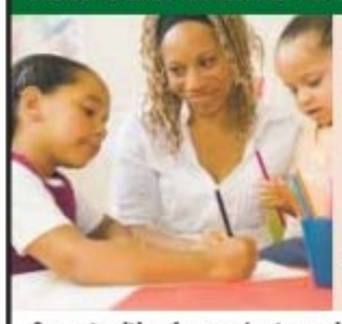

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TV watch list

'Abandoned'

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Series premiere, 9 p.m., Nat Geo

'Top Chef Masters'

REALITY. The chefs bare all — all of their skills, that is — when challenged to prepare a brunch for Playmate Holly Madison.

10 p.m., Bravo

'Royal Pains'

DRAMA. Gary Cole, everyone's go-to guest star, appears as an ailing polo team owner who becomes in need of HankMed's services when he won't stop playing during a Hamptons tournament.

9 p.m., USA

AMBER RAY

What we're into

Now:

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Fuzzy Nation makes pretty much any dog-centric accessory you could want, from Yorkie-adorned wallets to Puggle wine stoppers to Chihuahua mood rings. Their new customizable line of bags for Macy's goes one step further, allowing you to put your own pup's face on wallets, totes and wristlets. Is it a little weird? Sure is. But just think of how many weirdos you have on your Christmas list.

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Sunday:

Get a sneak peak at Fox's new sitcoms

The new Fox comedies "Ben and Kate" and "The Mindy Project" are already topping many TV critics' "best new sitcom" lists — and now you can get a sneak peek at the early faves. Fox is holding a special screening of "Ben and Kate" and "The Mindy Project," followed by a live-streamed Q&A panel with stars from the shows, as well as the cast of "Raising Hope" and "New Girl," the returning comedies rounding out the network's new Tuesday night lineup this fall. You must RSVP for the event, which takes place on Sunday at 8 p.m. at AMC Plymouth 12 (494 Germantown Pike, Plymouth Meeting).

RSVP to FOXTuesdayPhilly@AlliedIM.com.

Mindy Kaling stars in "The Mindy Project"

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The ECLP provides funding for homeowners to make necessary repairs and/or upgrades to their home. To receive your pre-approval please call your area representative at 1-888-990-8886 to schedule an appointment to complete your application and take advantage of these funds while these programs are still available.
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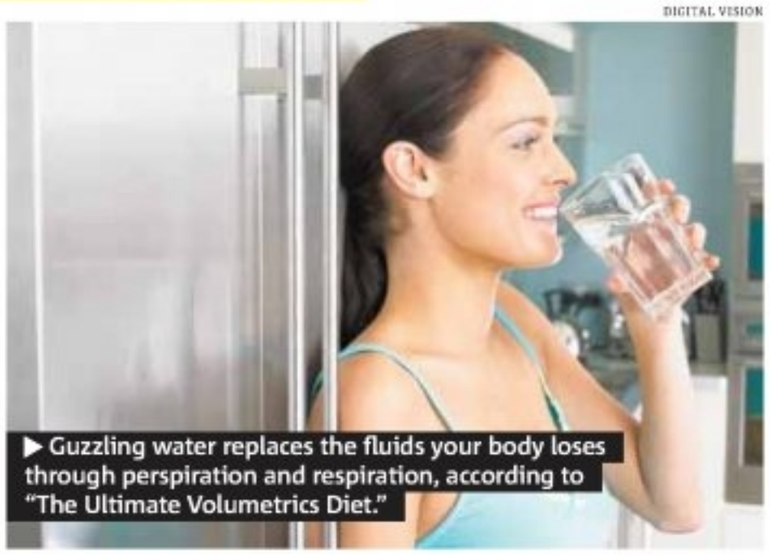

▶ Guzzling water replaces the fluids your body loses through perspiration and respiration, according to "The Ultimate Volumetrics Diet."

With this summer's record heat, we asked Barbara Rolls, Ph.D., to explain how we should keep our bodies hydrated. Rolls, the Helen A. Guthrie Chair of Nutritional Sciences at Penn State, is the author six books — including both "Thirst" and her latest, "The Ultimate Volumetrics Diet."

Do we really need eight cups of water a day?

"Government dietary guidelines no longer give a specific recommendation on how much to drink, since healthy people usually take in plenty of water," she says. "The Institute of Medicine gives a general guideline of nine cups for women and 13 for men. All the water your take in counts toward these numbers — both that from food and water. Food contributes about 20 percent of the total in most people. ... [Your] urine should be pale in color. If it's darker and concentrated, then you should try drinking more water."

What are symptoms of dehydration?

"The first sign is thirst, which is accompanied by unpleasant taste and which — as fluid deficits increase — has been described by people stranded in deserts as 'cotton mouth.' Dehydration also causes a lack of appetite, headache and dizziness. A sense of malaise is also a symptom. ... Dehydration in healthy people is rare; thirst happens before there is any serious water loss in the body."

What should we drink to hydrate healthily?

"Water is best. There are so many choices: You can jazz up your water with all sorts of flavors. Adding calories with sodas isn't healthy, and sugary drinks don't quench thirst as well as water." For when water just won't cut it, Rolls writes in "The Ultimate Volumetrics Diet" that "fat-free milk, 100 percent vegetable juice or a small portion of 100 percent fruit juice" are good options.

Can alcohol and caffeine cause dehydration?

"Only initially. The body will redress the balance quickly once you drink [water]. If you are trying to hydrate your body only with double lattes, that could be a problem!"

Keeps you regular

Does drinking too much cause fluid retention?

"It's unlikely that anyone gets into trouble by drinking too much, unless there's an impairment of the kidneys. Medication or stress could cause us to not offload fluids as efficiently — salty foods, too. But we have a very good regulatory system."

LINDA CLARKE
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Letters

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Tax return debate can reform rates

Republicans should be proud that both Romney and Ryan are successful, pay taxes and have legally used the tax code to their advantage. That's the American Way. Rather than argue that two or five returns are sufficient, use the controversy as a campaign plank to overhaul the tax system and simplify it. Perhaps a flat tax is the answer on income above the poverty level.

ROBERT L. JACKOWSKI, NYC

Reading between Reagan's lines

Republicans in general, and Mitt Romney in particular, are fond of quoting President Reagan. However, in his refusal to make public his tax returns for the last 10 years, Mr. Romney has selectively ignored one of President Reagan's most often-cited quotation: "Trust, but verify." Mr. Romney wants the American people to trust him, but not to verify what he says.

MARK OROMANER, NYC

Kennedy said, "Ask not what your country can do for you, ask what you can do for your country" — and then he went and started giving away the farm (welfare, helping the poor, etc.). Reagan did something similar: He complained about how much debt the country was in, and then he went and tripled it. It's Machiavellian: You tell the people what they want to hear, and then you go and do whatever you want.

DON HUSKINS, VIA E-MAIL

All the world's a stage for the GOP

Mitt Romney and Paul Ryan's claim that the Affordable Health Care Act will rob Medicare of $716 billion is an adept sleight of hand — but this is simply not true. The $716 billion is the projected long-term cost savings in the Medicare program as a result of the health care legislation. And Ryan's recent appearance at an event in Florida with his mother, a Medicare recipient, was political theatre, presenting him as a defender of a program that he would like to privatize. **KEITH ERVIN, QUEENS**

Akins wrong doesn't represent the right

Rich Brittle says that Todd Akin's comments "prove the conservative attitude toward women's issues." Spare us the phoney outrage.

The guy truly believes that abortion is murder in all cases and made a mistake in framing his argument in an unproven medical statement — and he is paying the price by being asked to drop out. If this "proves" anything, it proves that people are willing to make asinine claims implying pro-life means pro-rape. If your assertion was correct, Republicans would be rallying around Akin like Democrats rally around Joe Biden when he pretends he's black.

KEVIN METZ, VIA E-MAIL

Court date needed to eradicate 'PC'

It is about time that we see "political correctness" for what it is: an assault on free expression. It is time for it to be challenged and defeated in a decisive "crash and burn" lawsuit.

MARVIN FINKELSTEIN, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♌ Leo **July 23-Aug. 22.** Take positive measures to fulfill your aspirations. You're presently in a brief cycle where your hopes have better-than-usual chances of being realized.

♍ Virgo **Aug. 23-Sept. 22.** One of your greatest assets is the ability to take the ideas of others and expand upon them in ways that could prove beneficial to everyone involved. Don't waste this gift.

♎ Libra **Sept. 23-Oct. 23.** Attitude is always extremely important, but a happy face can be more rewarding than usual today. If you think and behave like a winner, positive results are likely. Don't doubt yourself.

♏ Scorpio **Oct. 24-Nov. 22.** Lady Luck is likely to single you out in helping you reach a financial or career objective. She'll chart your path and open the doors, but the rest will be up to you.

♐ Sagittarius **Nov. 23-Dec. 21.** You could be in for a wonderful surprise when a situation that you've been fretting about turns out to be a boom rather than a bust. Don't doubt yourself.

♑ Capricorn **Dec. 22-Jan. 19.** There's no need to be resistant toward change, even if it's being imposed upon you by outside forces. Lady Luck herself is engineering this intimidating shift.

♒ Aquarius **Jan. 20-Feb. 19.** You could derive some extra benefits by treating business associates as if they were friends or comrades. A personal touch can be powerful.

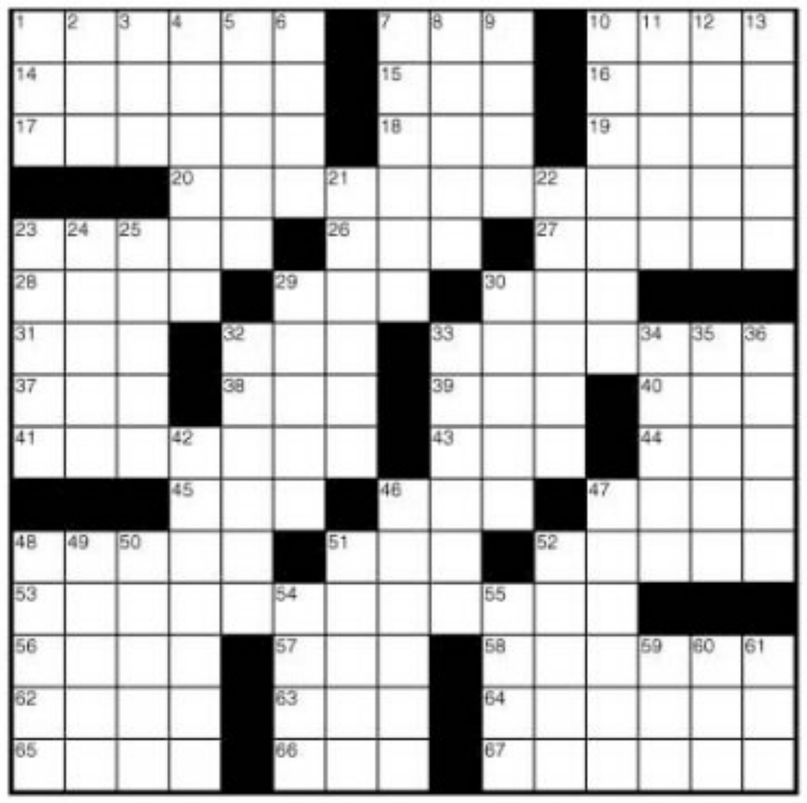
♓ Pisces **Feb. 20-March 20.** Be on alert for an opportune development involving your career. That big break you've been longing for might be ushered in through a set of fortunate circumstances.

♈ Aries **March 21-April 19.** Someone you know socially could be a big help when it comes to a nettlesome business issue. Listen carefully, and treat any tips or advice they have to offer very seriously.

♉ Taurus **April 20-May 20.** Provided you are prepared to follow an important endeavor to its conclusion, this could be an extremely productive day. The results you desire are indicated.

♊ Gemini **May 21-June 20.** An idea or concept that you've been mulling over has greater potential than you may realize. Talk it over with a trusted colleague who is as farsighted as you are.

♋ Cancer **June 21-July 22.** If your judgment tells you that the odds appear to be in your favor, make a move to better your financial situation. Sometimes it pays to take a calculated risk. **BERNICE BEDE OSOL**



Across
1 Hamster cousin
7 Maybes
10 Hard to find
14 Work too hard
15 Bruce __ of kung fu
16 Quit flying
17 Happen to
18 Capp comic
__ Abner
19 "Nutcracker" costume
20 In the know (hyph.)
23 __ out (rescues)
26 Thunder Bay prov.
27 Out-of-date
28 Boulevard liners
29 __ alai
30 IBM competitor
31 Grassy field
32 Oxford tutor
33 Ennui
37 Drag
38 Luau strings
39 Narrow inlet
40 "Gotcha!"
41 NFL player
43 DC tax org.
44 Groupie
45 Box-office bomb
46 Lime cooler
47 Geologic sample
48 Smack
51 Mineral spring
52 Neighborhoods
53 Winter warmer (2 wds.)
56 Soul singer __ James
57 Tote
58 Gomer Pyle's cousin
62 Proofer's word
63 Yea, to a matador
64 Fictional Queen
65 Ripped
66 Storm center
67 Heavy hammer

Down
1 Dollop
2 Curie daughter
3 Sports "zebra"
4 Bench-clearers
5 Runs in neutral
6 Lie around
7 Urbana 11
8 Bluff
9 The mind's I?
10 Daily grind (2 wds.)
11 Grads
12 Ceremonies
13 Debussy music
21 Borrowed car
22 Pavarotti performances
23 With __ on (eagerly)
24 Kayak user
25 Flack's concern
29 Said in fun
30 Bete __
32 Great Lakes port
33 Kind of wreath
34 "Platoon" actor
35 Maureen of the screen
36 Horses' hair
42 Train
46 Orbit extreme
47 Bayou dweller
48 Thorax
49 Powerball, e.g.
50 Web-footed mammal
51 Rough, like a snake
52 Lagoon boundary
54 A woodwind
55 Birthday counts
59 Sleeping place
60 Joule fraction
61 Deli loaf

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	4			6		9		
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		4		3			8	
	7	6						
9					6		4	2

SUDOKU **LEVEL: EASY**

	4	9	6				5	
3						7		2
2					3	6		
		4	2		8		7	
			5	3	4			
	3		7		1	9		
		3	8					7
5		1						6
	2				5	4	8	

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

T	U	N	A	■	P	R	O	W	S	■	Y	I	P	E
W	R	E	N	■	L	A	T	H	E	■	E	T	A	L
I	S	A	K	■	U	N	T	I	E	■	T	E	L	L
N	A	P	L	E	S	■	P	R	A	I	R	I	E	
■	■	■	E	R	S	■	P	S	S	T	■	■	■	
C	O	N	T	R	I	V	E	■	■	L	O	P	E	S
H	U	E	■	■	G	P	A	■	■	A	D	O	P	T
E	N	S	I	G	N	S	■	A	B	S	E	N	C	E
A	C	T	O	R	■	■	U	T	E	■	C	O	M	
P	E	S	C	I	■	■	R	A	C	Q	U	E	T	S
■	■	■	D	A	R	N	■	K	E	N	■	■	■	
T	A	K	E	S	T	O	■	■	O	D	D	E	S	T
S	L	A	M	■	R	A	Y	O	N	■	O	L	I	O
A	S	T	I	■	I	N	U	R	E	■	C	A	N	T
R	O	O	T	■	A	S	K	E	D	■	K	N	E	E

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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FANTASY FOOTBALL DRAFT GUIDE

Must-own players

Take these three in the middle rounds and watch them break out:

QB MATT RYAN

Target in Round: 5
Why: Under new OC Dirk Koetter, the Falcons are shifting to a pass-first, up-tempo philosophy. Ryan has two elite wideout weapons and is entering his prime at age 27. He's going to have a career-best season.

WR BRANDON LLOYD

Target in Round: 5
Why: The last time Lloyd and Pats OC Josh McDaniels were together (Denver, 2010), he went off for 1,448 yards and 11 TDs. Kyle Orton and Tim Tebow were his QBs that year. Tom Brady is his QB now.

RB KEVIN SMITH

Target in Round: 7
Why: Jahvid Best (concussions) is done and Mikel Leshoure (Achilles) is in trouble. That leaves Smith as a perfect fit in the Lions' pass-happy scheme.

When in doubt, draft athletes

At many points this season, Julio Jones is going to catch a quick-hitting wideout screen. So will Stevie Johnson.

However, there's a big difference here. Jones is a threat to bust a tackle, leap over a linebacker and outrun a corner to the house. Johnson simply isn't capable of that.

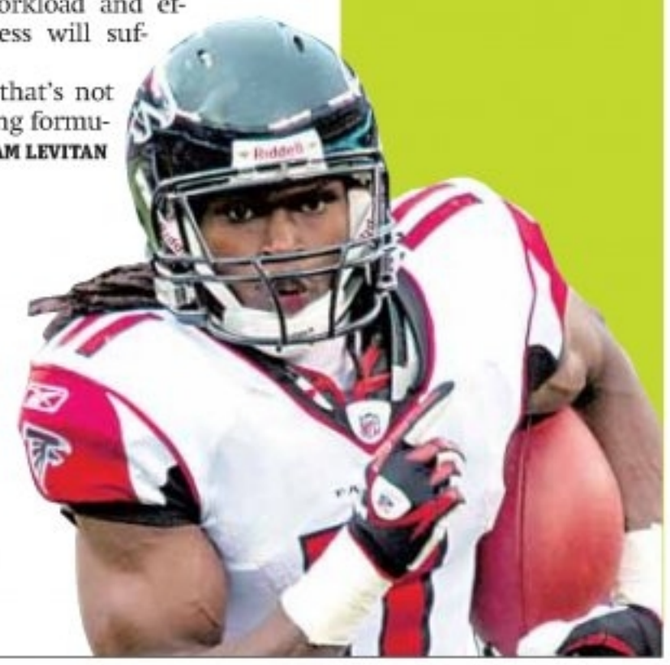
That seemingly small variation is the underlying theory that should be driving our fantasy drafts. By targeting the biggest, baddest, fastest and strongest athletes, we give ourselves an inherent advantage.

It's because the most athletic guys are the ones that get yards when they aren't there. They get their number called near the end zone. Coaches give them the playing time.

So when you're on the clock, think about getting the freaky athletes. Jones is 6-foot-3 and 220 pounds with 4.39-second 40-yard speed. If you choose to go quarterback early, look at the unique running ability of Cam Newton. Jake Locker (see below) combines elite arm strength with fearless scrambling skills.

The position where we really need to be careful is at running back. Plodding backs that don't contribute in the passing game don't fit in today's NFL. You want to look for explosive runners like Chris Johnson or LeSean McCoy — even unheralded young players like DeMarco Murray. The likes of Shonn Greene, BenJarvus Green-Ellis, LeGarrette Blount, Michael Turner and Cedric Benson aren't athletes. Therefore, their workload and effectiveness will suffer.

And that's not a winning formula. ADAM LEVITAN



Local prospects

Mike Vick

- **Metro QB Rank:** 7
- **Outlook:** Vick's running ability gives him top-5 overall upside, but the injury risk mitigates his value.
- **Strategy:** Steal in the middle rounds. Just make sure to get a quality backup.

Jeremy Maclin

- **Metro WR Rank:** 19
- **Outlook:** DeSean Jackson gets all the hype, but Maclin will lead the team in targets.
- **Strategy:** If you go heavy on running backs early, Maclin makes for a fine WR2.

Brent Celek

- **Metro TE Rank:** 16
- **Outlook:** The new-age TE lines up in slot and out wide. Celek isn't athletic enough to do that, so numbers suffer.
- **Strategy:** Reach for more upside at the TE2 spot.

Don't-touch players

Scratch these prime bust candidates off your draft board:

RB FRANK GORE

Where he'll go: Round 4
Why not: The Niners know that Gore is declining at age 29. They brought in Brandon Jacobs, drafted LaMichael James and are talking up Kendall Hunter. Also, Gore is no longer a threat in the passing game.

QB MATT SCHAUB

Where he'll go: Round 9
Why not: When Schaub was lighting up box scores, the Texans were a pass-happy team with a poor offensive line. Now they have an elite defense and the best run-blocking line in the league. Schaub won't be asked to win games.

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CARFAX VEHICLE HISTORY REPORTS

Cream of the crop: The Top 12 overall on our draft boards

1 Arian Foster, RB, Hou. — Dominant all-around talent and is playing with the game's best run-blocking line. Just make sure to handcuff talented backup Ben Tate.

2 LeSean McCoy, RB, Phi. — Andy Reid said he would limit Shady's carries. Don't believe it. The coach loves to ride his workhorse backs into the ground. McCoy finds yards where other backs don't.

3 Ray Rice, RB, Bal. — A three-down, pass-catching and goal-line back that is one of the most durable players in the NFL. Can't go wrong.

4 Darren McFadden, RB, Oak. — He's long overdue for some luck regarding injuries. When healthy, there isn't a more talented back.

5 Chris Johnson, RB, Ten. — Johnson finally appears motivated and in tip-top shape after last year's disaster. He's looked better in preseason. He'll find more room to run as the Titans shift to a spread offense.

▶ There aren't many three-down and goal-line running backs out there. Chris Johnson is one of them.

6 Calvin Johnson, WR, Det. — Megatron is the best player in the NFL, regardless of position. He'll see fewer double-teams with Titus Young stretching the field deep.

7 Aaron Rodgers, QB, GB — A-Rod will almost certainly lead all fantasy players in raw points. Like so many other quarterbacks, his floor is extremely high. But it's by far the deepest position in all of fantasy.

8 DeMarco Murray, RB, Dal. — Murray has been among the stars of Cowboys camp while incumbent top running back Felix Jones has struggled badly. Expect 300-plus touches for Murray.

9 Matt Forte, RB, Chi. — The Bears' offense is set to explode, and Forte is in the middle of it. Biggest concern is Michael Bush vulturing goal-line work, but Forte is a value at the ultra-thin running back spot.

10 Ryan Mathews, RB, SD — He's out with a fractured collarbone right now, but once bones heal they are all good. The Chargers are still counting on Mathews as an every-down workhorse.

11 Julio Jones, WR, Atl. — The Falcons are going to ride or die with Matt Ryan's arm this year. That means a ton of deep shots to Jones, who is ready to become a household name in the NFL. Freaky athletic ability.

12 Jimmy Graham, TE, NO — Tight end isn't quite as deep as you think. Graham hasn't even scratched the surface of his talent and doesn't have as much competition for targets as Rob Gronkowski.

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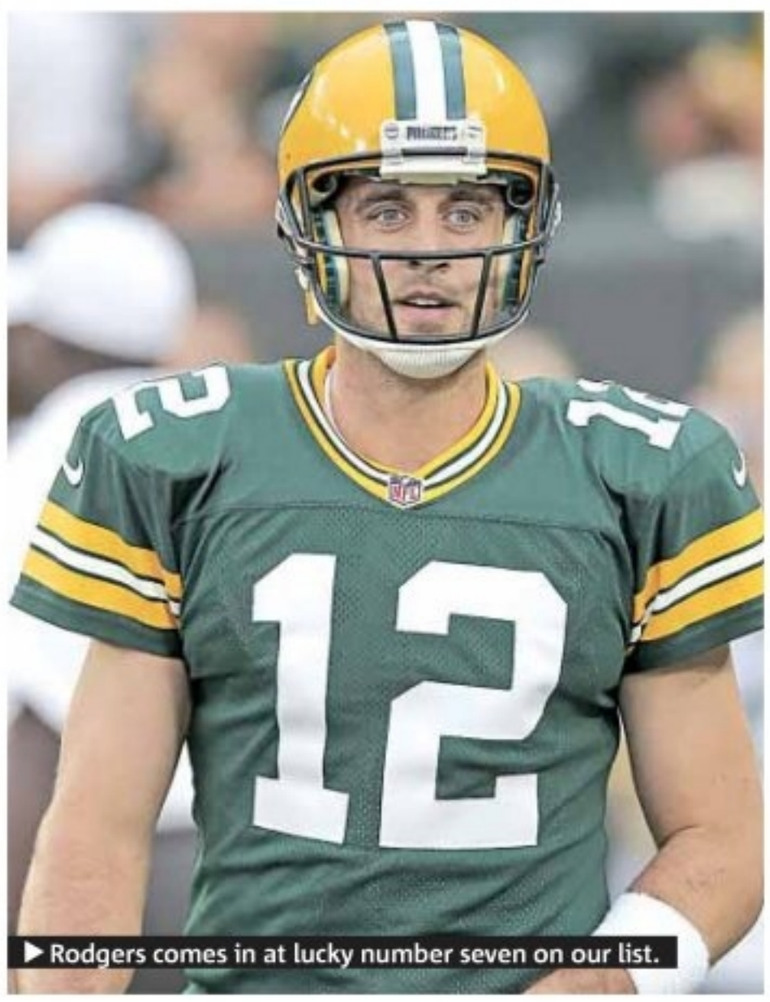

▶ Rodgers comes in at lucky number seven on our list.

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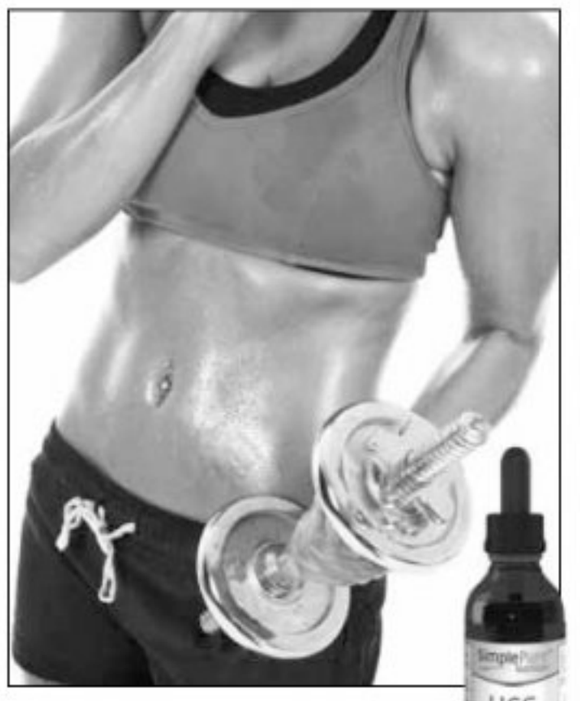

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Vick's rib not fractured, QB likely done for preseason

GETTY IMAGES

▶ Vick has only played 12 snaps this preseason.

Mike Vick's rib injury is a contusion, according to the Eagles. The quarterback underwent an MRI and CT scan yesterday, and the tests revealed no fracture. Vick does have a contusion of the rib and the soft tissue surrounding it.

Vick was injured in the first quarter of Monday night's preseason win in New England. He was hit in the chest area by Pats linebacker Jermaine Cunningham after he threw up a bomb intended for DeSean Jackson. Vick left with 6:01 on the clock to undergo X-rays and didn't return.

Andy Reid will address the media today for an official update. After Monday's game, the coach said he would "play it by ear" regarding Vick's future status.

"I want to make sure that he heals up and gets back out there," Reid said.

Reid also commented that he thought Vick would be fine if the veteran sat out the rest of the preseason. The team has two remaining games, including Friday night against Cleveland.

"Listen, if he didn't play again [in preseason], then he'd be okay," Reid said. "I would tell you I'd probably like to see him play a little bit more — but he's got enough experience, we're not talking about a rookie." MIKE GREGER

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October 3, 2012
November 7, 2012
December 5, 2012
February 6, 2013
March 6, 2013
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The S/S '12 runway brought pastels back into our lives ◐ Now the unassuming color palette is seeing a gentle resurgence in our homes, too ◐ Put away those memories of 'Miami Vice' and give the trend a second look

PALE AND PRETTY

The mention of pastels is enough to make some people cringe. It's a color palette for which Queen Elizabeth II shows a fondness and probably the reason why so many of us associate pastels with the aging set (or the 1980s). However, it's had a comeback — the spring/summer '12 runways were full of Easter-egg shades.

Interior designer Sophie Paterson, author of "Style and Glamour," says it's due to people being "fed up with totally neutral color schemes. Whilst anyone can throw a taupe scheme at a room, it takes a bit more skill to pull off a scheme using color accents," she says.

Add accents

Rather than turning your space into a pastel chalkboard, you may prefer to give a nod to the trend with accessories. "Ceramic vases work wonderfully in pastels," Paterson says. "Abstract oil paintings with a touch of pastel in the paint colors, or even rustic linen cushions with a shot of pastel velvet, are particularly sophisticated."

Not to mention, "pastel colors are very calming and uplifting." She shows us how to incorporate the pale hues in our home without turning the place into a macaroon box — although that wouldn't be so bad.

Urban pastels

Pastels can read bucolic, and that's not usually a favored look amongst savvy urban dwellers. Paterson suggests using "soft feminine colors as a contrast with clean-line furniture, particularly dark pieces such as gray-stained oak. It prevents the color scheme from appearing too twee."

Layering is key

"You need to use a variety of textures: velvet, silk, linen and wool all work well in juxtaposition. For example, shiny against flat," explains the London-based interior designer. She continues, "I like to start with a neutral base (sofa, wall and floor) and build up the layers using colors and accessories to add depth and interest."

▶ Paterson

Spring thinking

Reinvigorate your apartment with a dash of color, says the expert — and act fast. "Pastels are particularly relevant for warm weather seasons. I'm loving dusty pastel green."

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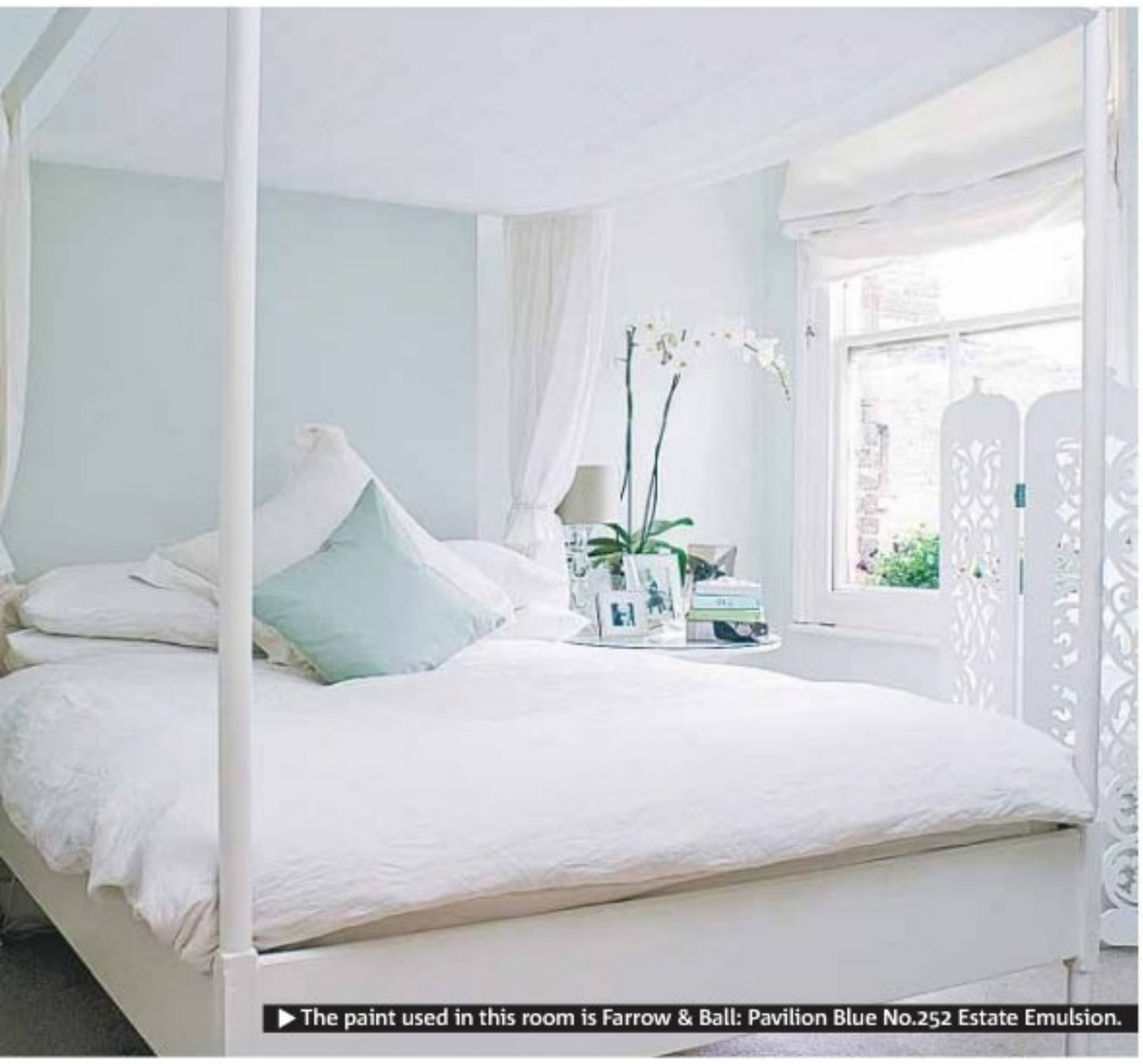

▶ The paint used in this room is Farrow & Ball: Pavilion Blue No.252 Estate Emulsion.

3 Pieces with pastels

1 **Amorphous nesting table set, $600,** www.anthropologie.com

2 **Stelton Arne Jacobsen AddColour coffee maker, $299,** www.fjorn.com

3 **Fleet Objects Pools bowls, $40 for a set of four,** www.fleetobjects.com

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